

Dysphagia

For full nutritional values on all Flavour Creations products, visit FlavourCreations.com.au

PRODUCT	FLAVOUR	AVAILABLE IN:		AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	NUTRITIONALLY COMPLETE	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE	
		ENERGY PER SERVE (kJ (kcal))	PROTEIN PER SERVE (g)													
THICKENED READY-TO-DRINKS																
	Water <small>NOW ALSO IN: </small>	55 (13)	0.1								-					
	Watermelon Flavoured	138 (33)	0.1								-					
	Lemon	116 (28)	0.2								-					
	Citrus Flavoured	393 (94)	0								-					
	Lime Flavoured	420 (101)	0								-					
	Raspberry Flavoured	427 (102)	0.1								-					
	Apple <small>NOW ALSO IN: </small>	360 (86)	0.3								-					
	Orange	352 (84)	0.9								-					
	Sun	458 (110)	0.5								-					
	Cranberry <small>ONLY IN: </small>	453 (109)	0.1							-	-					
	Pear Juice	330 (79)	0.2								-					
	White Coffee	160 (38)	1.5					-			-				-	
	White Tea	75 (18)	0.2								-					
THICKENED SUPPLEMENTS																
	Chocolate	566 (136)	5.6					-	-		-				-	
	Dairy	489 (117)	7.0					-	-		-				-	
	Strawberry Flavoured	620 (149)	6.3					-	-		-		-	-	-	
	Caramel Flavoured <small>NOW ALSO IN: </small>	1100 (264)	15.0					-		[^]	-		-	-	-	
	Lemon Lime Flavoured	685 (164)	15.2							-	-		-	-	-	
	Apple Berry Flavoured <small>NOW ALSO IN: </small>	1110 (266)	15.0							-			-	-	-	
	Chocolate	1120 (269)	15.0					-		[^]			-	-	-	
	Iced Coffee Flavoured	1100 (264)	15.0							-			-	-	-	
THICKENERS																
	Neutral <small>AVAILABLE IN: </small>	51 (12)	0							-	-					
	Neutral <small>AVAILABLE IN: </small>	78 (19)	0.7							-	-					
TEXTURE MODIFIED FOOD																
	Neutral	12 (3)	0							-	-					

*IDDSI Level 3 unless otherwise stated.

[^]Applicable to IDDSI Level 2 & 3 only.

Nutrition

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PRODUCT	FLAVOUR	ENERGY PER SERVE kJ (kcal)	PROTEIN PER SERVE (g)	AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	NUTRITIONALLY COMPLETE	TEXTURE MODIFIED	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE	
NUTRITIONALLY COMPLETE																	
AdVital Powder		Neutral	420 (101)	15.1	AR	GF	NF	SF	-	L+L	-	NC	-	HL	KD	VE	-
		Chocolate	420 (101)	15.5	AR	GF	NF	SF	-	L+L	-	NC	-	HL	KD	VE	-
		Vanilla	420 (101)	15.1	AR	GF	NF	SF	-	L+L	-	NC	-	HL	KD	VE	-
AdVital Mousse		Chocolate	647 (155)	8.1	AR	GF	NF	SF	-	-	-	NC	4	HL	KD	VE	-
AdVital Smooth Fruits		Apple & Plum	758 (182)	15.1	AR	GF	NF	SF	DF	LF	-	NC	4	HL	-	-	-
		Banana & Mango	748 (180)	15.0	AR	GF	NF	SF	DF	LF	-	NC	4	HL	-	-	-
HIGH PROTEIN																	
ProKick Protein Drink		Watermelon	656 (157)	20.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
		Lemon Lime	589 (141)	20.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
		Mango Passionfruit	651 (156)	20.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
Recover Protein Drink		Watermelon Flavoured	625 (150)	11.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
		Wildberry Flavoured	623 (150)	11.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
Fruits with Attitude Fruit Purees		Apple & Apricot	506 (121)	8.0	AR	GF	NF	SF	DF	LF	L+S	-	4	HL	-	-	-
		Banana & Mango	526 (126)	8.1	AR	GF	NF	SF	DF	LF	L+S	-	4	HL	-	-	-
		Lemon	713 (171)	8.1	AR	GF	NF	-	DF	LF	-	-	4	HL	KO	VE	VG
Protein Fortified Pudding		Caramel Flavoured	1160 (278)	15.0	AR	GF	NF	SF	-	-	-	4	HL	-	-	-	
		Lemon Lime Flavoured	718 (172)	15.0	AR	GF	NF	SF	DF	LF	-	-	4	HL	-	-	-
SCREAMIES Protein No-Melt Ice-Scream		Salted Caramel	1200 (288)	8.1	AR	GF	NF	SF	-	-	-	4	HL	KD	VE	-	
		Chocolate	1200 (288)	8.1	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
DRINKS, SNACKS & DESSERTS																	
Juice		Pear	324 (78)	0.1	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	KO	VE	VG
SCREAMIES No-Melt Ice-Scream		Chocolate	1250 (300)	2.9	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
		Strawberry	1210 (290)	2.4	AR	GF	NF	SF	-	-	L+S	-	4	HL	-	-	-
		Vanilla Flavour	1210 (290)	2.5	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
Flavour Creations Custards		Banana Flavoured	390 (94)	2.0	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
		Chocolate	394 (95)	2.3	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
		Vanilla Flavoured	385 (92)	2.0	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
		Strawberry Flavoured	390 (94)	2.0	AR	GF	NF	SF	-	-	L+S	-	4	HL	-	-	-
HIGH-ENERGY POWDERS																	
Carb Plus Energy Supplement		Neutral	163 (39)	0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	KO	VE	VG

Legend

GF	Gluten Free	LF	Lactose Free	1	IDDSI Level 1 - Slightly Thick Drinks	HL	Halal Certified
NF	Nut Free	L+L	Low Lactose: no more than 2g of lactose per 100g of food	2	IDDSI Level 2 - Mildly Thick Drinks	KO	Kosher Certified
DF	Dairy Free	L+S	Low Sodium	3	IDDSI Level 3 - Moderately Thick Drinks	KD	Kosher Dairy Certified
SF	Soy Free	NC	Nutritionally Complete	4	IDDSI Level 4 - Extremely Thick Drinks	VE	Vegetarian Suitable
AR	Amylase Resistant			4	IDDSI Level 4 - Pureed Food	VG	Vegan Suitable

Flavour Creations products are manufactured in a facility that does not process gluten, tree nuts, peanuts, eggs, sesame seeds, lupins, fish, molluscs or crustaceans. The information provided in this flyer was correct at time of printing. Please refer to FlavourCreations.com.au for the latest product information.