

# MIXING GUIDE

## Bulk Serve



### MIXING METHOD

Suitable for cold and room temperature drinks including water, cordial, juice, and milk.

#### HAND MIXING

##### STEP 1

Measure the required amount of fluid and instant THICK as per Bulk Dosage Guide.



##### STEP 2

Whilst stirring, add instant THICK and stir until dissolved.



##### STEP 3

Allow to stand for 2-5 minutes\* then re-stir until desired consistency is reached. Ready to serve or refrigerate for up to 24 hours.



#### ELECTRIC MIXING

##### STEP 1

Measure the required amount of fluid and instant THICK as per Bulk Dosage Guide.



##### STEP 2

Place stick mixer into the fluid, and while running, add instant THICK and blend until desired consistency is reached.



To prevent aeration, do not break the surface of the fluid while the mixer is running.

##### STEP 3

Ready to serve or refrigerate for up to 24 hours.



\*When hand mixing with milk, allow to stand for 10 minutes.

### BULK DOSAGE GUIDE

Fluid volume must be as specified for IDDSI compliance and consumer safety. Use a flat straight edge to level the powder.

Thickness	instant THICK Amount per Volume	
	500mL	1L - 1.2L
 <b>Level 1</b> Slightly Thick	½ Tablespoon	1 Tablespoon
 <b>Level 2</b> Mildly Thick	1 Tablespoon	⅔ Metric Cup
 <b>Level 3</b> Moderately Thick	⅔ Metric Cup	¼ Metric Cup
 <b>Level 4</b> Extremely Thick	¼ Metric Cup	½ Metric Cup

Food for special medical purposes. Food and drink thickener for the dietary management of dysphagia. Use under medical supervision. For oral consumption only. Not suitable as a sole source of nutrition. Not suitable for children under 1 year of age. All information stated is correct at time of publishing and subject to change without notice. Flavour Creations is a gluten and nut free manufacturing environment.

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## Bulk Serve



Suitable for water, cordial, juice and milk.

**STEP 1**



1 - 1.2 L  
2 - 1.2 L  
3 - 1.2 L  
4 - 1.2 L

Measure fluid volume



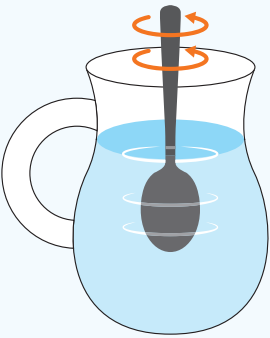
+



1/8 cup  
1/4 cup  
1/2 cup  
1 tbsp

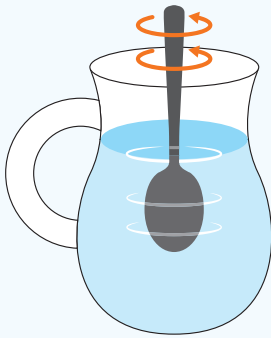
Measure instant THICK powder

**STEP 2**



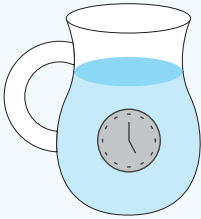
Whisk stirring, add instant THICK

➔



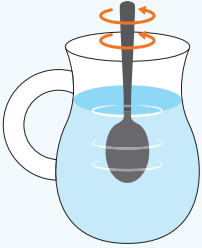
Stir until dissolved

**STEP 3**




Wait for  
2-5 minutes

➔




Re-stir until  
desired consistency  
is reached

➔



Serve

OR



Refrigerate and  
discard after  
24 hours

\*For milk, allow to stand for 10 minutes.

**Storage:** Once prepared, handle and store according to Food Safety protocols. Cover and refrigerate between serving. Discard leftover food and drinks after 24 hours. '2 hour/4-hour rule' recommended.

**For more drink recipes refer to the Mixing Guides at [FlavourCreations.com.au](http://FlavourCreations.com.au)**

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