

NEW LIQUID THICKENER

Ready in 30-seconds

Instant food and drink thickener for dysphagia management



instant THICK Liquid

Backed by over 27 Years in Dysphagia Nutrition

Introducing instant THICK Liquid, Flavour Creations' new liquid thickener.

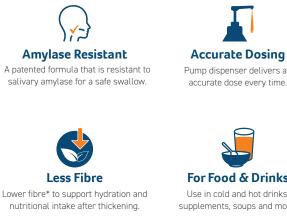
With over 27 years of experience in nutrition for dysphagia, instant THICK Liquid features a unique blend of xanthan and tara gum that is smooth and taste-free.

With no artificial colours and flavours, instant THICK Liquid thickens hot or cold drinks, food, alcoholic beverages, and medical solutions, ensuring compliance with every IDDSI Level.

The convenient pump bottle provides accurate dosing and allows for easy thickening of individual servings, supporting hydration and nutrition for individuals with dysphagia.

instant THICK Liquid is available now!

Supporting Choice, Nutrition and Safety!







Use in cold and hot drinks, supplements, soups and more.





USS/A

IDDSI Compliant Consistent dosing guide for each

IDDSI level.



Taste-free to support individual dietary preferences.



Fast Acting The unique gum blend thickens drinks in 30 seconds.



Suitable Diets

instant THICK Liquid is taste-free and designed to thicken liquids to suit individual preferences, and for use from 3 years old.





- Texture Modified Diets
- 🍼 Gluten Free
- 🝼 Dairy Free
- 🍼 Lactose Free
- 🝼 Nut Free
- 🍼 Soy Free
- 🍼 Kosher Certified
- 🍼 Halal Certified
- 🍼 Vegetarian & Vegan
- 🍼 Low Sodium

	Units	Per Serve (1 Pump)	Per100mL
Serving size	mL	4.6	-
Servings per pack	-	206	-
Energy	kJ	20	423
	kcal	5	102
Protein	g	Less than 0.1	0.4
- gluten	mg	Not Detected	Not Detected
Fat, total	g	0	0
- saturated	g	0	0
- trans	g	0	0
Cholesterol	mg	0	0
Carbohydrate	g	0.8	17.2
- sugars	g	0	0
- lactose	g	0	0
- galactose	g	0	0
Dietary fibre Sodium	g	0.7	14.5
Potassium	mg	4	92 146
Phosphorus	mg mg	/ Less than 0.1	0.8
r nosphol us	my	Less tildii 0.1	0.0
INGREDIENTS			

NUTRITION INFORMATION (Average Quantity)

Water, Glycerine, Emulsifiers (414, 435), Thickeners (415, 417), Acidity Regulator (338), Preservatives (202, 211), Stabiliser (509).





Performance you can count on

instant THICK Liquid is a must-have for any aged care, hospital or home.

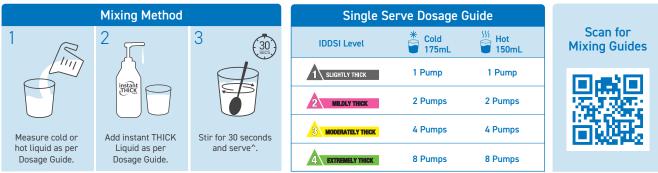
It's easy to use and provides accurate dosing, ensuring you can create thickened food and drinks every time.

Thicken food and drinks to IDDSI Levels 1 to 4.



Easy 3-Step Mixing Guide

Fast and safe, instant THICK Liquid is easy to use with our IDDSI-compliant dosing pump. Thicken hot and cold drinks with confidence in just 30-seconds!



^Temperature must not exceed $55^\circ\mathrm{C}$ when served, for consumer safety and comfort.

Less Fibre, More Nutrition

instant THICK Liquid was purposefully designed to provide over **27% less fibre*** per mL once thickened, supporting the hydration and nutrition of individuals living with dysphagia.

While fibre is important for gut health, the fibre content in liquid thickeners can influence feelings of satiety, hunger, and appetite.

For people consuming thickened products, this may result in decreased motivation to consume enough food and drinks to meet their nutritional needs.

By containing less fibre, instant THICK Liquid supports a food-first approach to nutrition.

*Water thickened using instant THICK Liquid Single Serve is compared to other single-serve liquid thickeners available in Australia. The fibre amount is based on average quantity per serve.

2	1.6L of Mildly Thick cold drink per day	MEN 30 g	WOMEN 25g
7	Total Fibre*	% Fibre RDI	% Fibre RDI
instant	instant THICK Liquid		
	12.8g	43 %	51 %
	Competitor A		
	17.6g	59 %	70 %
F	Competitor B		
	23.4g	78 %	94%

RDI: Recommended Dietary Intake





CHOOSE CONFIDENCE IN EVERY INSTANT

More choice with the instant THICK product range.



instant THICK Liquid 950mL

